

AFL PROHIBITED TREATMENTS LIST

Pursuant to clause 11.2(a)(i) of the AFL Anti-Doping Code and without limiting the WADA Prohibited List, the AFL General Counsel determines that the following Treatments are AFL Prohibited Treatments

- 1) Any Treatment involving use of a therapeutic good that is not listed or registered on the Australian Register of Therapeutic Goods, unless approved by the AFL.
- 2) Any supplement or herbal or complimentary medicine product that is supplied in connection with a network marketing or pyramid selling scheme.
- 3) Peptides GHRP-2, GHRP-6, CJC 1295, AOD 9604, Hexarelin, Ipamorelin, Sermorelin and related substances. If there is doubt regarding the status of a peptide, approval of the AFL should be sought.
- 4) Any experimental treatment or treatment as part of a research project, unless approved by the AFL.
- 5) The following single item or category substances:
 - a) Cerebrolysin
 - b) Tribulus
 - c) Prohormones
 - d) TA65
 - e) Caffeine above the dose of 4mg/Kg
 - f) Intravenous Vitamin C
 - g) Intravenous anti-oxidants
- 6) Notwithstanding the foregoing, the following Treatments are specifically excluded from the AFL Prohibited Treatments List:

<ol style="list-style-type: none">a) For the avoidance of doubt, all food, confectionary, juices and cosmeticsb) Glucosec) Natural sources of caffeine in food or beveraged) Non-caffeine sports drinkse) Electrolytes (e.g. Gastrollyte, Hydralyte)f) Acupunctureg) Standard physiotherapyh) Standard physical therapies including the use of appliances such as strapping, ice and heat packsi) Massage therapyj) Phonophoresisk) Podiatryl) Orthoticsm) Dry needling	<ol style="list-style-type: none">n) Vaccinations against specific infectious diseaseso) Hypoxic treatmentp) Altitude training, including that undertaken overseasq) Iontophoresisr) Extracorporeal Shock Wave Therapys) Pilatest) Yogau) Sprint trainingv) Specialist physiotherapy (APA approved)w) Physical recovery and conditioning sessionsx) Paracetamol, ibuprofen, aspirin, diclofenac, naproxen
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Andrew Dillon
General Counsel
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